

advanced / gevorderden / avancés

intermediary / mid level / intermédiaire

beginners / beginners / débutants

Saturday	9u00 - 9u30	9u30 - 10u55	11u05 - 12u30	12u30 - 14u00	14u00 - 15u25	15u35 - 17u00	17u00 - 18u00
Teeterboard / Bascule	Warm up	Jona & Philipp - Cod	Tm Redpants - DOCH	Lunch	Tm Redpants - DOCH		Stretch
				We Are Extreme	Torro&Ballon&Joren	Tm Redpants - DOCH	We Are Extreme
Pole / Mast / Mât	Warm up	Monki	Carlos	Lunch	Jesse - Ecdf		Stretch
				We Are Extreme	Valentine		We Are Extreme
Hand to hand / Main à Main	Warm up	Jakobe&Kert - DOCH	Mariana	Lunch	Jakobe&Kert - DOCH	Mariana	Stretch
				We Are Extreme	Jakobe&Kert - DOCH		We Are Extreme
Acro-Yoga			Annelies & Elke	Lunch	Annelies & Elke		
				We Are Extreme			
Banquine	Warm up	Tijs - Codarts		Lunch	Tijs - Codarts	Edward Aleman	Stretch
				We Are Extreme			We Are Extreme
Handstand	Warm up	Wybren - Codarts		Lunch			Stretch
			Wybren - Codarts	We Are Extreme	Lynn&Channa - Ecdf		We Are Extreme
Trampoline & Trampo Wall	Warm up	Matthijs & Yanto		Lunch	Jonas&Philipp - Cod	Matthijs & Yanto	Stretch
			Matthijs & Yanto	We Are Extreme			We Are Extreme
Floor acro / Acrobatie	Warm up	Valentine	Raph Perrenoud	Lunch	Edward Aleman	Raph Perrenoud	Stretch
				We Are Extreme			We Are Extreme
Object manip & Floor Acro	Warm up	Liza Marie - Codarts		Lunch	Liza Marie - Codarts		Stretch
				We Are Extreme			We Are Extreme
Air Track	Warm up			Lunch	Tola & Mieke		Stretch
				We Are Extreme	Tola & Mieke		We Are Extreme
Roue Cyr wheel	Warm up	Mikail - EASC		Lunch			Stretch
				We are Extreme	Mikail - ESAC		We are Extreme
Thight Wire	Warm up	Johan		Lunch		Johan	Stretch
				We Are Extreme			We Are Extreme
Flying Trapeze	Warm up	Mathilde - Ecdf	Mathilde - Ecdf	Lunch	Mathilde - Ecdf	Mathilde - Ecdf	Stretch
		Mathilde - Ecdf	Mathilde - Ecdf	We Are Extreme	Mathilde - Ecdf	Mathilde - Ecdf	We Are Extreme
		Mathilde - Ecdf	Mathilde - Ecdf		Mathilde - Ecdf	Mathilde - Ecdf	
Straps/Strapatén	Warm up	Jesse - Ecdf		Lunch			Stretch
			Jefke - Ecdf	We Are Extreme	Jefke - Ecdf		We Are Extreme
Rope	Warm up	Hazel		Lunch	Yolaine & Hazel	Hazel & Yolaine	Stretch
			Yolaine Dooms	We Are Extreme			We Are Extreme
Hoop	Warm up			Lunch			Stretch
				We Are Extreme			We Are Extreme
Duo Trapeze	Warm up		Eva Schubag	Lunch	Eva Schubag		Stretch
				We Are Extreme			We Are Extreme
Trapeze	Warm up		Hanne - Salto/Acapa	Lunch		Hanne - Salto/Acapa	Stretch
				We Are Extreme			We Are Extreme
Tissue / Doek	Warm up	Lizzl - Ecdf	Elisa	Lunch	Lizzl - Ecdf	Elisa	Stretch
				We Are Extreme			We Are Extreme
Diabolo	warm up	Sander - Circolito	Willy - Ecdf	Lunch		Willy - Ecdf	Stretch
				We Are Extreme			We Are Extreme
Juggling / Jonglerie balls	Warm up	Jason - Ecdf		Lunch	Sander Circolito		Stretch
			Jason - Ecdf	We Are Extreme			We Are Extreme
Juggling / Jonglerie clubs	warm up			Lunch			Stretch
				We Are Extreme			We Are Extreme
Jugling / jonglerie hats	warm up	Michi - Codarts		Lunch		Michi - Codarts	Stretch
				We Are Extreme			We Are Extreme
				Lunch			Stretch